

C5 Leadership U Modules

Flint Leadership U

The following modules are designed to introduce basic concepts of Leadership in the Flint Year. A module specific structured journal is provided as a self awareness tool for youth. Sites are required to complete 14 modules. These 14 modules are necessary to build basic skills that participants need to complete the program requirements over the five years. The Flint Modules include:

1. Introducing . . . Leadership U!
2. Presenting Myself Well – How Do You Do It?
3. Setting and Reaching Goals
4. Looking at Myself as a Leader
5. Developing Trust
6. Building Trust
7. Getting the Message Across
8. Body Talk
9. Sharing Ideas – Clear Speaking
10. Stepping Up to the Problem
11. Community, More than a Place to Be
12. Community Heroes
13. Appreciating Diversity
14. Revving Up for Real Life: C5 plan and portfolio

Lantern Leadership U

The focus of the Lantern Leadership U is to introduce a variety of ways youth can apply leadership skills to enhance group functioning. Youth are called on to put skills together into processes. A module specific structured journal is provided as a self awareness tool for youth. Sites are required to complete 13 modules. These modules prepare youth for the planning, project management and decision making responsibilities they will engage in over the remaining three years of the program. The Lantern Modules include:

1. Flying My Leadership Colors
2. Applying My Leadership Colors
3. On Stage With Group Development
4. Tools for Planning and Decision Making
5. From Problem solving to Project Management
6. Building Consensus and Collaboration
7. Resolving Conflicts
8. Leading with Ethics 1
9. Learning from Experience
10. Presenting . . . ME
11. Presenting my Message
12. Revving Up for Real Life in High School
- 13 Leadership: The Final Exam

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Hammer Leadership U.

The Hammer Leadership U focuses on the Bridges experience, using the theme of applying skills to new environments on the journey. In keeping with the nature of the trek, many of the modules are self exploration/awareness focused. The curriculum results in both a personal mission statement and daily journaling during the trip.

Since sites have a limited time frame to prepare participants for the trip, the lessons in bold are required. The remaining lessons are optional. Although most sites use the pre-trip modules during a 4-6 day period of preparation at their local resident camp, some use the modules in the Lantern Pathways program to prepare youth, leading up to the Bridges program.

Pre trip

- The Journey is the Journey
- Thinking Backwards -- The Way to Get Where You Want to Go
- Committed to my Best Effort Always
- Taking the High Road – Principled Leadership
- Organized Equals Success
- Making the Right Call When it Counts
- The Power of Positives

On Trip

- Living Life On Purpose
- Leadership on Fire
- Undaunted Courage
- Leaving a Legacy
- Leading with Style
- Setting My Course with Confidence
- What it Takes to Achieve a Vision
- The Power of Reflection
- Bridge to the Future
- Telling My Leadership Story